

# Make sure the contents of this purchase do not get into the hands of young people.

Store alcohol safely and do not supply it to young people. Set clear rules around their use of alcohol.

## Talk with friends and family about the risks of alcohol use.

Role model positive behavior. When kids see risky behavior from adults, it can lead them to their own unhealthy choices.

### **Know the social host laws in Connecticut**

It is against the law to permit any minor to possess alcohol. This includes on any private property, such as your home. You can receive up to one year in jail and a \$2,000 fine.



#### **Did You Know**

Youth who start drinking before the age of 15 are four times more likely to develop alcohol dependence later in life.<sup>1</sup>

### Data shows that underage alcohol use is linked to a greater risk of:2

- > Aggression, suicide, and violence
- > Poor decisions about other risky behaviors
- > Problems with cognition and learning
- > Substance use disorders later in life







Find more resources on alcohol misuse prevention at drugfreeCT.org



Sources: 1. National Institute on Alcohol Abuse and Alcoholism; 2. Centers for Disease Control and Prevention

This publication is funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention, through the CT Department of Mental Health and Addiction Services (DMHAS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Substance Abuse and Mental Health Services Administration.